



## **New methods**

# How many steps?

### **Description of the method**

Can you imagine being a different person? Can you have a different identity and role in society? This methodology shows you the limitations and the opportunities of different persons and roles.

### **Target group**

Group of young people or adults

### **Number of participants**

5 – 15 participants and 1 trainer.

### **Environment**

1 big empty room or big open space

### **Materials**

Notebook and pen for the trainer

### **Objective/aim of the method**

To reflect on discrimination in society.

### **Step by step instructions**

#### **Step 1.**

Each participant receives a secret identity from the trainer. For example: a person with non-binary sexuality in Afghanistan or in Spain; a child in Syria; a person with a physical disability; an inmate; an illegal immigrant; etc.

#### **Step 2.**

The participants need to stand in one line. The trainer asks them different questions. For example: Can you marry your partner? Can you go to school? Can you vote? Can you have a holiday? Can you have a rental contract?

#### **Step 3.**

If a participant can answer “yes” to a question, they take one step forward.

#### **Step 4**

When the trainer stops asking questions, participants check their different positions in the space.

#### **Step 5**

Each participant reveals to the group their secret identity and talks about their experience.

### **Tips for the trainer**

It is very important for the trainer to link the questions to the secret identities.

